

the *Adventurer*

OSHER
LIFELONG
LEARNING
INSTITUTE



Term: Fall | Issue 19:1 | September 2019

MONTHLY MEETING

FALL KICKOFF!

Wednesday, September 11, 2019

8:45 am—Registration, Light Refreshments, and Vendors
9:30 am—Welcome & Announcements



Dr. Elizabeth Paulus and Dr. Lisa WintonLi, board-certified surgeons

performing cancer care procedures at Ascension St. Mary's Hospital, will lead a discussion into the facts and myths surrounding cancer today. The doctors will cover frequently asked questions like "What causes cancer?", address common cancer related myths, and discuss hot topics in the media like, immunotherapy, genetic testing, and targeted therapy. Dr. Paulus and Dr. WintonLi will also discuss current advances in the surgical treatment options available to today's patients. Utilizing a series of actual case studies, the doctors will highlight the new cancer treatment technologies that are available in our region and the positive impact they can provide to our patients.



NOTES & NEWS

- Check out the *Origami in the Garden* exhibit at Dow Gardens in Midland until September 29
- Check out *Bent into Shape* the large origami exhibit by Mark DeWolf-Ott at the Saginaw Art Museum through September 28
- Visit the *War-Toys* exhibit at the Marshall M. Fredericks Sculpture Museum at SVSU through September 25
- Sept. 6-7 find unique buys at the Rebel Magnolia Fall Flea Market. Miller Rd., Saginaw
- Sept. 7 learn how to can your summer produce at the Chippewa Nature Center's Canning Workshop. 10 a.m.-Noon. Free but preregistration required.
- Sept. 14 get your muscle car ready for the 30th annual Midland Cruise 'N Car Show by the Tridge. 5-8 p.m. Free for spectators.
- Sept. 23 First day of Fall!

CONTACT US

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WEIRD LAWS

MCL 435.251 *Cars may not be sold on Sunday*

IMPORTANT DATES

Wednesday, October 9

Monthly Meeting: Great Lakes Islands
By: Maureen Dunphy, author
Curtiss Hall Banquet Rooms

Wednesdays, November 13

Monthly Meeting: Elder Law
By: Carol Thomas
Curtiss Hall Banquet Rooms

December

No Meeting. Happy Holidays!

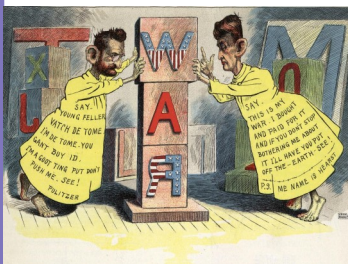
CHAIR'S NOTE



Hello OLLI friends,

Last newsletter I reported on Steven Pinker's data showing the historical trend in the

decline of war. He next discusses some ideas that I found interesting about what caused the decline. He sights the influence of 18th century writers in denouncing war, along with some "practical suggestions on how to reduce or even eliminate war." One of these suggestions was the idea that commerce and trade would make war less likely, a theory later supported by historical researchers. Democracy was also put forward as a deterrent to war. This theory has empirical support from modern researchers. Pinker also lists the massive destructive power of modern weapons as having a deterrent effect.



Most interesting to me is the reason he thinks is

the biggest single change is the fact that so many countries made war illegal. Nations have agreements that war will lead to economic and military penalties. That war is wrong is the cultural norm today. We take it for granted, but it was not so for most of human history. I am happy to think about the progress the human race has made.

—Carol Gohm, Advisory Board Chair

VISION COACH

We are students from the Occupational Therapy program at SVSU, conducting research on a state-of-the-art rehabilitation tool called the VISION COACH. We will be collecting data that will help clinicians understand how a "normal" person performs on a reaction time test, which will help them to establish reasonable goals for their patients with disabilities. We would appreciate your help!

The test involves you depressing moving lights while standing or sitting within arm's reach of the VISION COACH lightboard and will only take 15 minutes.

Please sign up at:

<https://tinyurl.com/VCsignupSVSU>
Invite your family and friends who are over 18 years. There will be a drawing for two, \$15 Amazon gift cards for those who participate.

Email VCresearchSVSU@gmail.com if you have any questions and come see us at the OLLI Fall Kickoff on September 11! - Demytria, Stacey, and Lee



CAMP TIMBERS

This past summer OLLI sent a group of 42 grandparents and grandchildren to the Saginaw YMCA's Camp Timbers in West Branch, Michigan as part of our intergenerational learning program. Last year OLLI was successful with a grandparent/grandkid daytrip to Michigan State University, so this



year, a longer excursion was planned.

The pairs gained valuable grandparent-grandchild time while making friendship bracelets, zip lining, swim-

ming, hiking, roasting marshmallows, and much more over the two night stay up north.

Campers shared bunkbeds in rustic cabins and enjoyed their time on the camps' 300 acres of wilderness, including a natural lake that once aided the town of Piper.

Each participant received a t-shirt to tie dye and a refillable water bottle—as the temps soared to over 100 degrees on the first day. The campers were troopers, though, and survived the weekend to have many lasting memories.



CURRENT INTEREST GROUPS

- Bridge
- Buddhist Psychology
- Celtic Music
- Choral Singing
- Cross Country Skiing
- Current Events
- Cycling
- Dinner
- Esoteric Cosmology
- Games
- Gardening
- Guitar
- Kayaking
- Knitting
- Lunch
- Movies
- Music Collegium
- OLLI Folks on Spokes
- Pickleball
- Ping Pong
- Recorder (dojo)
- Recreational Biking
- Sharing the Great Courses
- Stamp & Coin Collecting
- Theatre
- Women Active Multi-Interest

For group leader contact info see: svsu.edu/olli

MEMBER SPOTLIGHT

Mark DeWolf-Ott

Bent into Shape: The Origami Creations of Mark Dewolf-Ott at the Saginaw Art Museum. My display is in conjunction with the Japanese Woodblock prints from the permanent collection. Both will be on display from August 2, 2019 until Sept 28. My stuff goes up a little earlier, from July 19 until September 28. As far as the large part, they are traditional cranes and dragons. Also flying pigs designed by a guy named Bodo Haag and folded by me. It is the year of the pig in eastern Astrology.

I started when I was about 12 when my neighbor loaned me a book on Origami to keep my mischievous hands busy. I took a break during high school and college and started up again in the 80's when the Japanese Tea House opened. I've been volunteering since then. From there I taught and demonstrated origami to civic groups, STEM days at schools, women's and men's clubs, art museums, national conventions, and of course OLLI.

I've only created one model. Later I found someone else had already come up with the idea. I compare my skills to that of a musician. Other people write the score and I perform or interpret it with my own skills. It's the same with the origami models. Other individuals create the designs and I fold them to the best of my ability.



OLLI CHANGES

At the end of July, Linda Sims, Executive Director of University Communications and External Affairs, retired. With her absence, OLLI has been moved to a new position under the Office of the Provost, overseen by the Director of Continuing Education and Special Projects, Susan Brasseur:

Hello, my name is Susan

Brasseur, and it is with great pleasure that I introduce myself to the members of the OLLI Organization. I understand that



this organization is one of the great programs within Saginaw Valley State University. That is why I find the opportunity to be involved so special.

I am a two-time graduate (BBA AND M. Ed.) from SVSU and have a true passion for the University, and the role it serves within our communities. I have worked at SVSU for 23 years. I have had the opportunity to work with Major Corporations, professional sports teams, and students from all levels of education. I believe that my experience in hospitality management, planning, and logistics will help OUR organization continue to grow and prosper. I look forward to working with Katherine and the team, but just as importantly I look forward to seeing you at activities, trips, and events.

ADVISORY BOARD

Chair—Carol Gohm
989.574.5862

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989.799.8417

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989.686.2542

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989.615.0317

At Large Member(s)
Carol Likam 989.753.9463

Faculty Representative
Christine Noller, Health Sciences
989.964.4016

SVSU Representative
Katherine Ellison, SVSU-OLLI

GROUP FOCUS: HOW TO START A SIG

From time to time the OLLI office gets inquiries from members wanting a special interest group about this or that, and they ask how to go about getting one started. To start an interest group, an OLLI member need merely come up with an idea of something he/she thinks there would be a large interest in, agree to be the group leader (whether temporary or permanent), contact the OLLI director with a short write-up about the group and contact information for the newsletter and website, and wait for people to show an interest! Interest groups are all member led, but the OLLI office is available to help book space for groups to meet. Let us know if you'd like to give running a SIG a try!

NEWSLETTER

"The Adventurer" is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling 989.964.4475.

Newsletter Editor:
Katherine Ellison
989.964.4475

DIRECTOR'S CORNER

Welcome to another exciting membership year! This year OLLI at SVSU is 19 years old! Next year will be a big one—and we are looking for your help to celebrate. During the course of this year we will be asking for member submissions to be used in some of our marketing pieces during our anniversary year as well as member testimonials. If you've got something great to say about OLLI, we want to hear it! Start thinking of all the neat things we can do next year to celebrate twenty years of this adventure called life! If you've got any interesting ideas, let me know at keelliso@svsu.edu or 989.964.4475, and keep an eye on *The Adventurer* to learn how you can help. Let's hit the ground running in the fall of 2020!



K.E.

CLASS HIGHLIGHT

Stigma: Through the Eyes of a Bipolar Artist



The course explores the relationship between mental illness, art and creativity, drawing upon famous artists' biographies, the instructor's own experience and voluntary contributions by course participants. This course is taught by new OLLI instructor Dr. David Feingold.

Thursdays 9/26, 10/3, 10/10,
10/17 • 1-3 p.m.
\$27 for Members
\$54 for Non-Members

TRIP HIGHLIGHT

Kayak Adventure Trip

Adventure awaits! Grab your friends for this fun-filled trip down the Chippewa River in nearby Mt. Pleasant. With Buckley's Mountainside Canoes, you'll have the trip of a lifetime, viewing all the wildlife in the beautiful Chippewa Watershed by kayak. After working up a hunger on the river, join the group for lunch at Mountain Town Station, a brewpub housed in a renovated train station. Trip includes motor coach transportation from SVSU, kayak rental, and lunch. **All levels of kayaking experience are welcome.**



Tuesday 9/10 • 8 a.m.-6 p.m.
\$90 Members/ \$110 Non-Members



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